

THE EY-EEF PROJECT

PROGRAMME OUTLINE



WHAT IS THE PROJECT?

The project aims to support the development of self-regulation in 3-4 year olds.

The way this will be achieved is through the use of Emotion Coaching by adults in your setting in their everyday interactions with children.

HOW TO GET INVOLVED

We are looking for EY settings to take part in this exciting research project starting Autumn 2024. If you would like to contact us to find out more about taking part in the project, click [HERE](#)

EMOTION COACHING FAQ'S



CONTACT US

WEBSITE

<https://emotioncoachinguk.com/ey-eeef-project#get-involved>



TRAINING

MORE DETAILS

Emotion Coaching Core Training

Develop an internal lead group

Sustainable ongoing use of Emotion Coaching

TRAINING TIMELINE

MORE DETAILS

AUTUMN 2024

2-4 members of staff attend 5 training session over November, December & January

These people become the Emotion Coaching Leads in the setting.

SPRING 2025

Emotion Coaching Leads support colleagues to understand and use Emotion Coaching in their daily interactions



SUMMER 2025

Emotion Coaching continues to be used by all staff with 3-4 year old children in the setting.

EVALUATION TIMELINE

MORE DETAILS

AUTUMN 2024

September

- All practitioners working with 3-4 year olds complete online survey

October

Settings are randomised

November

Staff telephone interviews (8 total over project)

SUMMER 2025

June - July

- Practitioners complete surveys
- Parents/carers asked to complete paper questionnaires
- Staff telephone interviews (20 over total project)
- Observational assessments of pupils (about 10% of settings)